

K-12

PRODUCT GUIDE

Farmer-Owned
LAND O LAKES[®]
FOODSERVICE



LAND O'LAKES FOODSERVICE

YOUR ULTIMATE PARTNER FOR K-12 SUCCESS

At Land O'Lakes, we know that consistent quality and product performance are table stakes. Behind every product, we have a team of K-12 foodservice experts who would love to collaborate, inspire and support your operation. It's the performance you can depend on from the co-op you can rely on, delivering the right ingredients for your menu and students.

TABLE OF CONTENTS

Introduction	3
Land O'Lakes K-12 Foodservice Team	4
Farmer-ownership	6
LAND O LAKES® DAIRY PRODUCTS	
Macaroni and Cheese	8
Cheese Sauce	10
Cheese	12
Grab and Go	16

RECIPES FEATURED ON COVER:

1. All-American Cheeseburger Mac and Cheese 2. Arroz Con Pollo 3. Indian-Style Creamed Spinach 4. Cheesy Vegetable Tikka Masala 5. Ultimate Yellow™ Nachos 6. Creamed Corn with Jalapeño 7. String Cheese Lunch Kit 8. Mild Cheddar Breakfast Kit

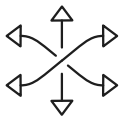
RECIPES FEATURED ON BACK COVER:

1. BBQ Chicken Salad 2. Buffalo Chicken Pizza 3. Tater Tot Casserole 4. Ultimate Cheddar Pizza Spread 5. Cheesy Dill Pickle Soup 6. Jalapeño Popper Mac and Cheese 7. Colby Jack Cheese Stick Lunch Kit



ALL DAY. ALL WAYS.

The robust Land O'Lakes K-12 product portfolio includes cheese sauces, prepared mac and cheese, grab and go, and more, all meeting nutritional requirements and putting smiles on the faces of students and staff.



VERSATILE

When it comes to creating a flexible menu that delivers on performance as well as flavor, our products can be the workhorse your kitchen needs.



CUSTOMIZABLE

Tips, tricks and business solutions our culinary experts can help you craft specifically for your menu.



MEET NUTRITIONAL GUIDELINES

Our products are formulated to help you meet USDA nutritional guidelines



TASTE KIDS LOVE

Increase participation in your school meal program and put smiles on your students' faces starting with excellent ingredients.



WE CAN BE A VALUABLE RESOURCE IN YOUR KITCHEN

By purchasing from Land O'Lakes, you're getting more than just a wide array of delicious products. Our foodservice team of accredited chefs, food scientists, dietitians, and bid and commodity processing experts are here to support you.

Our on-site foodservice kitchen is set up to help you with troubleshooting and recipe development. Our marketing insights help uncover consumer needs and on-trend flavors.

WE'D LOVE TO HELP YOU WITH WHATEVER'S ON YOUR PLATE:

- Personalized support
- Product training
- Trend analysis
- Recipe development
- Improving kitchen skills
- Flavor evaluation
- Menu ideation
- Bid and commodity support

To get started, [contact us](#) at **phone** 800-328-1322 or **email** businessinfo@landolakes.com



We are proud to partner with Fidelis Information Systems to offer you access to commodity diversion management, tailored purchase data for product selection, and streamlined forecasting with manufacturing partners. For more information, scan the QR code and log in to your [ProcessorLink account](#).



CHEF SUSIE BERGLUND
Culinary Center Manager –
K-12 Culinary Content and
Training



MAGGIE MAGGIO
MPH, RD, SNS
Culinary Center Manager and
Dietitian - K-12 Regulations



CHEF NICKLAS
FRÖLANDER
Corporate Chef



CHEF RENE MARQUIS
CEC, CCE, CCA, AAC
Corporate Executive Chef



CHEF JIM CHURCHES
CEC, CCA, AAC
Corporate Executive Chef



CHEF L. FERNANDO
MOJICA, CEC, AAC
Corporate Executive Chef



FARMER-OWNED SINCE 1921

Choosing Land O Lakes® dairy products for your kitchen helps support our more than 1,000 farmer-owners.

With humble beginnings in 1921, Land O'Lakes began when a group of farmers formed a cooperative to sell products together, which meant they'd work together as members, sharing profits and benefits.

Their passion for being defiantly cooperative while nourishing people has deep roots. And that's something we share with our farmer-owners here at Land O'Lakes. It's a spirit that shows in our products, our recipes and our commitment to your kitchen staff.



OUR SUSTAINABILITY COMMITMENTS & PRACTICES

As a cooperative, Land O'Lakes has taken a leadership position in supporting on-farm sustainability while keeping farmer profitability at the forefront.

We are committed to working with our farmer and retail-owners to provide tools that drive voluntary practice changes that not only contribute to the health of the planet, but also position farmers and the agriculture sector for success in a challenging operating environment.

IT'S COOL TO LOVE CHEESE








Earn points on qualifying purchases that can enable you to get helpful items that can streamline your kitchen and enhance your meal program.



Qualified purchases of eligible Land O'Lakes products can earn rebates through IPS rewards.

Products marked with * are eligible for rebate through IPS rewards.

MACARONI AND CHEESE

	REDUCED-FAT OPTION	REDUCED-SODIUM OPTION	WHOLE-GRAIN RICH	AVAILABLE FOR COMMODITY PROCESSING	CSC ELIGIBLE FOR COOL SCHOOL CAFE® POINTS	SHELF LIFE			
						GUARANTEED	TOTAL		
	M/MA PER 6 OZ. SERVING	OZ. EQ. GRAIN PER 6 OZ. SERVING	ITEM #	PACKAGE	STORAGE	DF/ CASE	CASE PACK	GUARANTEED	TOTAL
Prepared 25% RS, 50% RF Macaroni and Cheese with Whole Grain* 	2	1	43274	5 lbs.	Frozen	6.66	6/5 lbs.	90 days	12 mo.
Prepared 50% RF Macaroni and Cheese with Whole Grain* 	2	1	43277	5 lbs.	Frozen	6.25	6/5 lbs.	90 days	12 mo.
Prepared 50% RF Macaroni and Cheese 	2	1	43284	5 lbs.	Frozen	6.25	6/5 lbs.	90 days	12 mo.
Prepared Macaroni and Cheese with Whole Grain* 	2	1	43292	5 lbs.	Frozen	8.73	6/5 lbs.	90 days	12 mo.
Prepared 25% Reduced Sodium and 50% Reduced Fat Macaroni and Cheese 	2	1	43294	5 lbs.	Frozen	6.25	6/5 lbs.	90 days	12 mo.

*Eligible for rebate through IPS rewards.

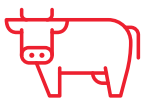
MENU INSPIRATION

Refresh your menu by adding meat and vegetable mix-ins to create surprising, delicious dishes.

[ALL-AMERICAN CHEESEBURGER MAC AND CHEESE](#)



Prepared 50% RF Macaroni and Cheese with Whole Grain



85% Lean ground beef



Chopped onions



Spices (as desired)



[FAJITA MAC AND CHEESE](#)



Prepared 50% RF Macaroni and Cheese with Whole Grain



Salsa



Fajita-style chicken strips



No-sodium Mexican seasoning



NUTRITION INFORMATION

43274 Land O Lakes®
Prepared 25% RS, 50% RF Macaroni
and Cheese with Whole Grain

Nutrition Facts	
80 servings per case	
Serving Size 6 oz. (170g)	
Amount Per Serving	
Calories	280
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 670mg	29%
Total Carbohydrate 29g	11%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 17g	29%
Vitamin D 0mcg	0%
Calcium 408mg	30%
Iron 1mg	6%
Potassium 730mg	15%
Vitamin A 136mcg	15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

43277 Land O Lakes®
Prepared 50% RF Macaroni
and Cheese with Whole Grain

Nutrition Facts	
80 servings per case	
Serving Size 6 oz. (170g)	
Amount Per Serving	
Calories	290
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 980mg	43%
Total Carbohydrate 31g	11%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 17g	29%
Vitamin D 0mcg	0%
Calcium 419mg	30%
Iron 1mg	6%
Potassium 210mg	4%
Vitamin A 111mcg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

43284 Land O Lakes®
Prepared 50% RF
Macaroni and Cheese

Nutrition Facts	
80 servings per case	
Serving Size 6 oz. (170g)	
Amount Per Serving	
Calories	290
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 980mg	43%
Total Carbohydrate 32g	12%
Dietary Fiber 1g	4%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 17g	29%
Vitamin D 0mcg	0%
Calcium 417mg	30%
Iron 1mg	6%
Potassium 200mg	4%
Vitamin A 116mcg	15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

43292 Land O Lakes®
Prepared Macaroni and Cheese
with Whole Grain

Nutrition Facts	
80 servings per case	
Serving Size 6 oz. (170g)	
Amount Per Serving	
Calories	350
% Daily Value*	
Total Fat 21g	27%
Saturated Fat 13g	65%
Trans Fat 1g	
Cholesterol 65mg	22%
Sodium 910mg	40%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	7%
Total Sugars 3g	
Includes 0g Added Sugars	0%
Protein 17g	29%
Vitamin D 0mcg	0%
Calcium 393mg	30%
Iron 1mg	6%
Potassium 170mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

43294 Land O Lakes®
Prepared 25% Reduced Sodium and
50% Reduced Fat Macaroni and Cheese

Nutrition Facts	
54 servings per container	
Serving size 1 cup (252g)	
Amount per serving	
Calories	410
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 1000mg	43%
Total Carbohydrate 45g	16%
Dietary Fiber 1g	4%
Total Sugars 9g	
Includes 0g Added Sugars	0%
Protein 25g	44%
Vitamin D 0mcg	0%
Calcium 600mg	45%
Iron 2mg	10%
Potassium 1050mg	20%
Vitamin A 278mcg	30%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cooked Enriched Whole Grain Pasta (water, whole durum wheat flour, semolina, egg whites, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Reduced Sodium Reduced Fat American Cheese (cultured pasteurized milk and skim milk, contains less than 2% of salt, potassium phosphate, sodium phosphate, lactic acid, sorbic acid (preservative), annatto and oleoresin paprika (color), vitamin A palmitate, enzymes), Water, Maltodextrin, Contains Less Than 2% of Natural Flavor, Butter (cream, salt), Salt, Food Starch - Modified, Xanthan Gum.
CONTAINS: Milk, Wheat, Egg
50% Less Sodium and 50% Less Fat than regular Land O Lakes® Macaroni and Cheese. Contains 16g Total Fat and 1000mg Sodium compared with 32g Total Fat and 1340mg Sodium in regular Macaroni and Cheese per 1 cup serving.

INGREDIENTS: Cooked Enriched Whole Grain Pasta (water, whole durum wheat flour, semolina, egg whites, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Reduced Fat American Cheese (cultured pasteurized milk and skim milk, salt, sodium phosphate, contains less than 2% of lactic acid, annatto and oleoresin paprika (color), vitamin A palmitate, enzymes), Water, Maltodextrin, Contains Less Than 2% of Natural Flavor, Autolyzed Yeast Extract, Butter (cream, salt), Food Starch - Modified, Xanthan Gum.
CONTAINS: Milk, Wheat, Egg
50% Less Fat than regular Land O Lakes® Macaroni and Cheese. Contains 16g Total Fat compared with 32g Total Fat in regular Macaroni and Cheese per 1 cup serving.

INGREDIENTS: Cooked Enriched Pasta (water, semolina, egg whites, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Reduced Fat American Cheese (cultured pasteurized milk and skim milk, salt, sodium phosphate, contains less than 2% of lactic acid, annatto and oleoresin paprika (color), vitamin A palmitate, enzymes), Water, Maltodextrin, Contains Less Than 2% of Natural Flavor, Autolyzed Yeast Extract, Butter (cream, salt), Food Starch - Modified, Xanthan Gum.
CONTAINS: Milk, Wheat, Egg
50% Less Fat than regular Land O Lakes® Macaroni and Cheese. Contains 16g Total Fat compared with 32g Total Fat in regular Macaroni and Cheese per 1 cup serving.

INGREDIENTS: Cooked Enriched Whole Grain Pasta (water, whole durum wheat flour, semolina, egg whites, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Pasteurized Process American Cheese (Cheddar Cheese (cultured milk, salt, enzymes), cream, sodium phosphate, salt, apo-carotenol and annatto extract (color)), Water, Contains Less Than 2% of Butter (cream, salt), Whey, Buttermilk, Food Starch - Modified, Natural Flavor, Autolyzed Yeast Extract, Sugar, Spice, Xanthan Gum, apo-Carotenol (color).
CONTAINS: Milk, Wheat, Egg

INGREDIENTS: Cooked Enriched Whole Grain Pasta (water, whole durum wheat flour, semolina, egg whites, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Pasteurized Process American Cheese (Cheddar Cheese (cultured milk, salt, enzymes), cream, sodium phosphate, salt, apo-carotenol and annatto extract (color)), Water, Contains Less Than 2% of Butter (cream, salt), Whey, Buttermilk, Food Starch - Modified, Natural Flavor, Autolyzed Yeast Extract, Sugar, Spice, Xanthan Gum, apo-Carotenol (color).
CONTAINS: Milk, Wheat, Egg

HEATING AND HANDLING INSTRUCTIONS

Fully prepared product can be heated from thawed or frozen state and served straight from the pouch once heated to 165°F. For best results, allow product to thaw under refrigeration up to 24 hours before heating entire pouch in a steamer or boiling water. Heating times can vary according to the type of equipment used and number of pouches heated. Take internal temperature by placing thermometer in fold of pouch, being careful not to pierce the pouch.

• **Steamer (preferred method):** Place unopened pouch in steamer and heat until internal temperature reaches 165°F.

- **Boiling water:** Place thawed, unopened pouch in water and heat until internal temperature reaches 165°F. Pouch should float freely in water and be rotated during heating process.
- **Holding instructions:** In the warming cabinet, maintain hot holding temperature of 145°F. When possible, keep product in heated pouches until serving; then remove and pour into serving pans. If pre-panned, keep product covered tightly. Land O Lakes® Prepared Macaroni and Cheese varieties can be held up to 1½ hours.

CAUTION: Product will be very hot when pouches are opened.



Breakfast Burrito



Three-Ingredient Queso Mac



Breakfast Queso Pizza

Make three unique recipes using

THREE-INGREDIENT WHITE QUESO WITH GREEN CHILES

WITH ULTIMATE CREAMY WHITE™ CHEESE SAUCE

YIELD: 35 servings **SERVING SIZE:** 3 1/2 ounces [#10 scoop]

CHILD NUTRITION: 1 meat/meat alternate

NUTRITION INFORMATION

Serving Size: 3 1/2 ounces [#10 scoop]

Calories	141
Fat	10 grams
Sat. Fat	6 grams
Trans Fat	0 grams
Cholesterol	28 milligrams
Sodium	484 milligrams
Carbohydrates	3 grams
Dietary Fiber	0 grams
Sugars	0 grams
Protein	8 grams
Vitamin A	104 IU
Vitamin C	3 milligrams
Calcium	262 milligrams
Iron	0.22 milligrams

INGREDIENTS

1 106-ounce pouch Land O Lakes® Ultimate Creamy White™ Cheese Sauce

2 cups canned diced green chiles, undrained

1/2 cup canned jalapeño slices*, drained, chopped

*Can substitute 1/2 to 3/4 cup chopped, seeded jalapeños

PREPARATION

1. Pour Ultimate Creamy White™ Cheese Sauce into half steam table pan. Add chiles and jalapeños; combine thoroughly. Cover tightly.

2. Heat in steamer until queso is heated through to 165°F.

CHEESE SAUCE



AVAILABLE FOR COMMODITY PROCESSING



ELIGIBLE FOR COOL SCHOOL CAFE POINTS

SHELF LIFE

	M/MA PER 3 OZ. SERVING	ITEM #	PACKAGE	STORAGE	DF/CASE	CASE PACK	GUARANTEED	TOTAL
Ultimate Creamy White™ Cheese Sauce Pouch*	1	39947	106 oz.	Shelf stable	14.58	6/106 oz.	90 days	12 mo.
Ultimate Yellow™ Cheese Sauce Pouch*	1	39945	106 oz.	Shelf stable	13.50	6/106 oz.	90 days	12 mo.
Ultimate Jalapeño™ Cheese Sauce Pouch*	1	39946	106 oz.	Shelf stable	13.50	6/106 oz.	90 days	12 mo.

*Eligible for rebate through IPS rewards.

NUTRITION INFORMATION

Nutrition Facts	
212 servings per case	
Serving Size	3 oz. (85g)
Amount Per Serving	
Calories	130
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 400mg	17%
Total Carbohydrate 3g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 255mg	20%
Iron 0mg	0%
Potassium 615mg	15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

39947
Land O Lakes®
Ultimate Creamy White™
Cheese Sauce Pouch

INGREDIENTS: Water, Cultured Pasteurized Milk, Food Starch Modified, Contains less than 2% of Natural Flavor, Potassium Phosphate, Salt, Sodium Citrate, Sea Salt, Mono and Diglycerides, Spice, Enzymes.

CONTAINS: Milk

Nutrition Facts	
212 servings per case	
Serving Size	3 oz. (85g)
Amount Per Serving	
Calories	130
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 400mg	17%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 223mg	15%
Iron 0mg	0%
Potassium 462mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

39945
Land O Lakes®
Ultimate Yellow™
Cheese Sauce Pouch

INGREDIENTS: Water, Cultured Pasteurized Milk and Skim Milk, Food Starch - Modified, Contains Less Than 2% of Potassium Phosphate, Natural Flavors, Sodium Citrate, Sodium Phosphate, Whey, Buttermilk, Lactic Acid, Annatto Extract and Oleoresin Paprika (color), Acetic Acid, Autolyzed Yeast Extract, Maltodextrin, Salt, Mono and Diglycerides, Sea Salt, Enzymes.

CONTAINS: Milk

Nutrition Facts	
212 servings per case	
Serving Size	3 oz. (85g)
Amount Per Serving	
Calories	130
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 400mg	17%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 218mg	15%
Iron 0mg	0%
Potassium 457mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

39946
Land O Lakes®
Ultimate Jalapeño™
Cheese Sauce Pouch

INGREDIENTS: Water, Cultured Pasteurized Milk and Skim Milk, Food Starch - Modified, Contains Less Than 2% of Potassium Phosphate, Salt, Jalapeno Peppers, Vinegar, Sodium Citrate, Sodium Phosphate, Whey, Lactic Acid, Buttermilk, Annatto Extract and Oleoresin Paprika (colors), Natural Flavors, Autolyzed Yeast Extract, Maltodextrin, Sea Salt, Mono and Diglycerides, Enzymes.

CONTAINS: Milk

METHODS FOR HEATING ONE UNOPENED SAUCE POUCH:

Note: Peel off label on pouch prior to in pouch heating.

Heat unopened pouch to 145°F - 155°F by either of the following methods listed below. Heating times may vary with type of equipment used and number of pouches heated. Take internal temperature by placing thermometer in fold of pouch.

Steamer Method (Preferred):

Place unopened pouch on perforated steam table pan or tray in steamer. Heat for 12-15 minutes, or until sauce reaches 145°F - 155°F. Carefully remove as product will be hot.

Boiling Water Method:

Place unopened pouch in boiling water. Boil for 15 minutes, or until sauce reaches 145°F - 155°F. For even heating, rotate pouch frequently. Carefully remove using tongs as product will be hot.

USE CAUTION WHEN HANDLING HOT SAUCE AND POUCH. DO NOT MICROWAVE. Due to uneven heating, pouch may burst and cause employee injury.

METHOD FOR HEATING ONE OPENED SAUCE POUCH:

Cut open pouch at top. Pour sauce into heavy saucepan. Heat product to 145°F - 155°F on medium heat, stirring occasionally. Sauce will be very hot. Use caution to avoid burns.

SAUCE HANDLING AND REHEATING INSTRUCTIONS:

Store unopened pouch in a cool, dry place. No refrigeration required for unopened pouches. Do not freeze. Serve or hold hot between 145°F - 155°F (cover product when not serving). If using in cold, ready-to-eat recipe applications, refrigerate immediately after recipe preparation. Date and use within 5 days. After opening, refrigerate unused portion in tightly sealed container. Date container and use within 5 days. Chill and reheat rapidly in accordance with federal, state and local health regulations for food safety. Reheat refrigerated sauce rapidly within two hours to 165°F for 15 seconds. Reheat only one time. Never use hot-holding equipment to reheat food.

Why does Land O Lakes® cheese sauce list water as the first ingredient?

These products are processed differently in order to be aseptic (or shelf-stable). Our aseptic process requires more water to allow the product to move through the equipment properly, thus increasing the total volume of the finished product. Sauces that use a non-aseptic method require less water but are not shelf stable and take up valuable freezer space.



Ultimate Pizza Spread

SERVING TIPS

- Try slices in popular sandwiches like cheeseburgers, grilled cheese, chicken and fish
- Use cheese shreds as a topping for salads, baked potatoes, chills, soups and tacos
- Melt slices or shreds onto hot sandwiches and entrées
- Combine shreds with our sauce for a fun dip or spread that can be used in hot or cold recipes.



CHEESE



								SHELF LIFE	
	M/MA PER SERVING	ITEM #	PACKAGE	STORAGE	DF/CASE	CASE PACK	GUARANTEED	TOTAL	
READI-PAC® SLICES									
Readi-Pac® Reduced Fat Mild Cheddar Cheese	1	44224	1.5 lb.	Refrigerated	12.00	8/1.5 lb.	90 days	5 mo.	
Readi-Pac® Pepper Jack Cheese	1	44238	1.5 lb.	Refrigerated	12.00	8/1.5 lb.	90 days	6 mo.	
Readi-Pac® Reduced Fat Swiss Cheese	1	44261	1.5 lb.	Refrigerated	12.00	8/1.5 lb.	90 days	5 mo.	
SLICES									
160 Slice 50% RF Yellow American Cheese	1	46030	5 lb.	Refrigerated	7.80	4/5 lb.	90 days	6 mo.	
160 Slice Yellow American Cheese	1	46016	5 lb.	Refrigerated	13.00	4/5 lb.	90 days	6 mo.	
160 Slice White American Cheese	1	46032	5 lb.	Refrigerated	13.00	4/5 lb.	90 days	6 mo.	
160 Slice 25% RS, 50% RF Yellow American Cheese	1	46031	5 lb.	Refrigerated	7.80	4/5 lb.	90 days	6 mo.	
160 Slice 50% RS, 50% RF Yellow American Cheese	1	46018	5 lb.	Refrigerated	7.80	4/5 lb.	90 days	6 mo.	
184 Slice Yellow American Cheese	.75	46015	5 lb.	Refrigerated	13.00	4/5 lb.	90 days	6 mo.	
LOAF									
Yellow American Cheese Loaf	1	48174	5 lb.	Refrigerated	22.78	6/5 lb.	90 days	9 mo.	
SHREDS									
Shredded Mozzarella Cheese	1	41698	5 lb.	Refrigerated	20.00	4/5 lb.	60 days	5 mo.	
Shredded Sharp American Cheese	1	41725	5 lb.	Refrigerated	16.00	4/5 lb.	90 days	5 mo.	
Shredded 50% RF American Cheese	1	41728	5 lb.	Refrigerated	15.34	4/5 lb.	90 days	5 mo.	
Shredded Mild Cheddar Cheese	1	41749	5 lb.	Refrigerated	20.00	4/5 lb.	90 days	5 mo.	
Feather Shredded Mild Cheddar/ Monterey Jack Cheese	1	41485	5 lb.	Refrigerated	20.00	4/5 lb.	60 days	5 mo.	

CHEESE

READI-PAC® SLICES

44224 Land O Lakes®
Readi-Pac® Reduced Fat
Mild Cheddar Cheese

Nutrition Facts	
24 servings per container	
Serving size 2 slices (28g)	
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 190mg	8%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	14%
Vitamin D 0mcg	0%
Calcium 204mg	15%
Iron 0mg	0%
Potassium 30mg	0%
Vitamin A 85mcg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Pasteurized Reduced Fat Milk, Salt, Enzymes, Annatto (color), Vitamin A Palmitate.
CONTAINS: Milk
25% Less Fat Than Regular Cheddar Cheese. Contains 7.0g Total Fat Compared with 9.4g Total Fat in Regular Cheddar Cheese.

44238 Land O Lakes®
Readi-Pac® Pepper Jack Cheese

Nutrition Facts	
24 servings per container	
Serving size 2 slices (28g)	
Amount per serving	
Calories	110
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 190mg	8%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 6g	12%
Vitamin D 0mcg	0%
Calcium 188mg	15%
Iron 0mg	0%
Potassium 20mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Pasteurized Milk, Red and Green Jalapeno Peppers, Salt, Enzymes.
CONTAINS: Milk

44261 Land O Lakes®
Readi-Pac® Reduced Fat
Swiss Cheese

Nutrition Facts	
24 servings per container	
Serving size 2 slices (28g)	
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 25mg	7%
Sodium 115mg	5%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 8g	16%
Vitamin D 0mcg	0%
Calcium 252mg	20%
Iron 0mg	0%
Potassium 20mg	0%
Vitamin A 81mcg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Reduced Fat Milk, Salt, Enzymes, Vitamin A Palmitate.
CONTAINS: Milk
25% Less Total Fat than Regular Swiss Cheese. Contains 6g Total Fat compared with 8g Total Fat Per Serving in Regular Swiss Cheese.

SHREDS

41698 Land O Lakes®
Shredded Mozzarella Cheese

Nutrition Facts	
80 servings per container	
Serving size 1/4 cup (28g)	
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 3.5g	18%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 180mg	8%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 7g	14%
Vitamin D 0mcg	0%
Calcium 205mg	15%
Iron 0mg	0%
Potassium 25mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Pasteurized Part-Skim Milk, Salt, Enzymes, Anticaking Blend (potato starch, cellulose), Natamycin (natural mold inhibitor).
CONTAINS: Milk

SHREDS

41725 Land O Lakes®
Shredded Sharp American Cheese

Nutrition Facts	
80 servings per container	
Serving size 1/4 cup (28g)	
Amount per serving	
Calories	110
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 400mg	17%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 6g	12%
Vitamin D 0mcg	0%
Calcium 173mg	15%
Iron 0mg	0%
Potassium 35mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Pasteurized Milk and Skim Milk, Cream, Water, Salt, Contains less than 2% of Sodium Phosphate, Lactic Acid, beta-Carotene and apo-Carotenol (color), Enzymes, Anticaking Blend (potato starch, cellulose), Natamycin (natural mold inhibitor).
CONTAINS: Milk

41728 Land O Lakes®
Shredded 50% RF American Cheese

Nutrition Facts	
80 servings per container	
Serving size 1/4 cup (28g)	
Amount per serving	
Calories	70
% Daily Value*	
Total Fat 4.5g	6%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 470mg	20%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 7g	14%
Vitamin D 0mcg	0%
Calcium 194mg	15%
Iron 0mg	0%
Potassium 60mg	2%
Vitamin A 89mcg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Pasteurized Milk and Skim Milk, Whey Protein Concentrate*, Salt, Sodium Phosphate, Contains Less Than 2% of Sodium Citrate, Guar Gum*, Xanthan Gum*, Locust Bean Gum*, Sorbic Acid (preservative), Lactic Acid, Acetic Acid, Vitamin A Palmitate, apo-Carotenol and beta-Carotene (colors), Enzymes, Anticaking Blend (potato starch, cellulose), Natamycin (natural mold inhibitor).
CONTAINS: Milk
*Not Found in Regular American Cheese.
50% Less Fat Than Regular American Cheese. Contains 4.5g Total Fat Compared with 9g Total Fat in our Regular American Cheese.

41749 Land O Lakes®
Shredded Mild Cheddar Cheese

Nutrition Facts	
80 servings per container	
Serving size 1/4 cup (28g)	
Amount per serving	
Calories	110
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 190mg	8%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 6g	12%
Vitamin D 0mcg	0%
Calcium 199mg	15%
Iron 0mg	0%
Potassium 20mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: Cheddar Cheese [cultured pasteurized milk, salt, enzymes, annatto (color)], Anticaking Blend (potato starch, cellulose), Natamycin (natural mold inhibitor).
CONTAINS: Milk

41485 Land O Lakes®
Shredded Mild Cheddar & Monterey Jack Blend, Feather Shred

Nutrition Facts	
about 80 servings per container	
Serving size about 1/4 cup (28g)	
Amount per serving	
Calories	110
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 190mg	8%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	14%
Vitamin D 0mcg	0%
Calcium 202mg	15%
Iron 0mg	0%
Potassium 20mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: Cheddar Cheese [cultured pasteurized milk, salt, enzymes, annatto (color)], Monterey Jack Cheese [cultured pasteurized milk, salt, enzymes], Potato Starch and Powdered Cellulose Added to Prevent Caking, Natamycin (a natural mold inhibitor).
CONTAINS: Milk

SLICES

46030 Land O Lakes®
160 Slice 50% RF Yellow
American Cheese

Nutrition Facts	
80 servings per container	
Serving size 2 slices (28g)	
Amount per serving	
Calories	70
% Daily Value	
Total Fat 4g	5%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 420mg	18%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0.1mcg	0%
Calcium 160mg	10%
Iron 0.1mg	0%
Potassium 80mg	2%

INGREDIENTS: Milk and Skim Milk, Milk Protein Concentrate*, Modified Food Starch*, Sodium Citrate, Contains 2% or Less of Cheese Culture, Citric Acid, Color Added, Enzymes, Salt, Sorbic Acid (Preservative), Soy Lecithin.

*Ingredient Not in Regular Pasteurized Process American Cheese

CONTAINS: Milk, Soy

See Nutrition Information For Saturated Fat and Sodium Content

Contains 4g Total Fat Compared To 9g Total Fat Per Serving In Regular Pasteurized Process American Cheese

Contains a Bioengineered Food Ingredient

46016 Land O Lakes®
160 Slice Yellow American Cheese

Nutrition Facts	
80 servings per container	
Serving size 2 slices (28g)	
Amount per serving	
Calories	100
% Daily Value	
Total Fat 8g	10%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 450mg	20%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0.2mcg	2%
Calcium 150mg	10%
Iron 0.1mg	0%
Potassium 50mg	2%

INGREDIENTS: Milk, Cream, Water, Sodium Citrate, Contains 2% or less of Cheese Culture, Citric Acid, Enzymes, Added Color, Enzymes, Sorbic Acid (Preservative), Soy Lecithin.

CONTAINS: Milk, Soy

Contains a Bioengineered Food Ingredient

46032 Land O Lakes®
160 Slice White American Cheese

Nutrition Facts	
80 servings per container	
Serving size 2 slices (28g)	
Amount per serving	
Calories	100
% Daily Value	
Total Fat 8g	10%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 440mg	19%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0.2mcg	2%
Calcium 150mg	10%
Iron 0.1mg	0%
Potassium 50mg	2%

INGREDIENTS: Milk, Cream, Water, Sodium Citrate, Contains 2% or less of Cheese Culture, Citric Acid, Enzymes, Salt, Sorbic Acid (Preservative), Soy Lecithin.

CONTAINS: Milk, Soy

Contains a Bioengineered Food Ingredient

LOAF

48174 Land O Lakes®
Yellow American Cheese Loaf

Nutrition Facts	
about 80 servings per container	
Serving size 1 oz. (28g)	
Amount per serving	
Calories	110
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 370mg	16%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 6g	12%
Vitamin D 0mcg	0%
Calcium 173mg	15%
Iron 0mg	0%
Potassium 40mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Pasteurized Milk and Skim Milk, Cream, Contains Less Than 2% of Milkfat, Salt, Sodium Phosphate, Acetic Acid, Lactic Acid, apo-Carotenal (color), Enzymes.

CONTAINS: Milk

46031 Land O Lakes®
160 Slice 25% RS, 50% RF Yellow American Cheese

Nutrition Facts	
80 servings per container	
Serving size 2 slices (28g)	
Amount per serving	
Calories	70
% Daily Value	
Total Fat 4g	5%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 280mg	12%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0.1mcg	0%
Calcium 160mg	10%
Iron 0.1mg	0%
Potassium 240mg	6%

INGREDIENTS: Milk and Skim Milk, Milk Protein Concentrate*, Modified Food Starch*, Contains 2% or Less of Cheese Culture, Citric Acid, Color Added, Enzymes, Potassium Citrate, Salt, Sodium Citrate, Sorbic Acid (Preservative), Soy Lecithin.

*Ingredient Not in Regular Pasteurized Process American Cheese

CONTAINS: Milk, Soy

25% Less Sodium and 50% Less Fat Than Regular Pasteurized Process American Cheese.

See Nutrition Information For Saturated Fat and Sodium Content

Contains 280mg Sodium and 4g Total Fat Compared To 500mg Sodium and 9g Total Fat Per Serving In Regular Pasteurized Process American Cheese

Contains a Bioengineered Food Ingredient

46018 Land O Lakes®
160 Slice 50% RS, 50% RF Yellow American Cheese

Nutrition Facts	
80 servings per container	
Serving size 2 slices (28g)	
Amount per serving	
Calories	70
% Daily Value	
Total Fat 4g	5%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 210mg	9%
Total Carbohydrate 4g	1%
Dietary Fiber 0g	0%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0.1mcg	0%
Calcium 160mg	10%
Iron 0.1mg	0%
Potassium 360mg	8%

INGREDIENTS: Milk and Skim Milk, Milk Protein Concentrate*, Modified Food Starch*, Potassium Citrate, Contains 2% or Less of Cheese Culture, Citric Acid, Color Added, Enzymes, Salt, Sodium Citrate, Sorbic Acid (Preservative), Soy Lecithin.

*Ingredient Not in Regular Pasteurized Process American Cheese

CONTAINS: Milk, Soy

50% Less Sodium And 50% Less Fat Than Regular Pasteurized Process American Cheese.

See Nutrition Information For Saturated Fat and Sodium Content

Contains 210mg Sodium and 4g Total Fat Compared To 500mg Sodium And 9g Total Fat Per Serving In Regular Pasteurized Process American Cheese

Contains a Bioengineered Food Ingredient

46015 Land O Lakes®
184 Slice Yellow American Cheese

Nutrition Facts	
92 servings per container	
Serving size 2 slices (25g)	
Amount per serving	
Calories	90
% Daily Value	
Total Fat 8g	10%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 400mg	17%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars less than 1g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0.1mcg	0%
Calcium 140mg	10%
Iron 0.1mg	0%
Potassium 50mg	2%

INGREDIENTS: Milk, Cream, Water, Sodium Citrate, Salt, Contains 2% or less of Cheese Culture, Citric Acid, Color Added, Enzymes, Sorbic Acid (Preservative), Soy Lecithin.

CONTAINS: Milk, Soy
Contains a Bioengineered Food Ingredient



SERVING TIPS

- Combine sticks or cubes with fresh fruits and/or veggies for a grab-and-go smart snack
- Serve dips in single portions with whole grain crackers, pretzels, breadsticks, fruits or veggies
- Cheese is a great way to add protein to any breakfast meal



GRAB & GO



SHELF LIFE

				M/MA PER SERVING	ITEM #	PACKAGE	STORAGE	DF/CASE	CASE PACK	GUARANTEED	TOTAL		
CUBES													
	25% RF Mild Cheddar Cheese Cubes*					1	44113	1 oz.	Refrigerated	12.50	200/1 oz.	90 days	5 mo.
	25% RF Colby Jack Cheese Cubes					1	44115	1 oz.	Refrigerated	12.50	200/1 oz.	90 days	5 mo.
	25% RF Mild Cheddar Cheese Cubes Bulk					1	44751	5 lb.	Refrigerated	20.00	4/5 lb.	60 days	5 mo.
STICK + STRING													
	Colby Jack Cheese Sticks					1	44873	1 oz.	Refrigerated	10.50	168/1 oz.	90 Days	6 mo.
	25% RF Colby Jack Cheese Sticks*					1	44875	1 oz.	Refrigerated	10.50	168/1 oz.	90 Days	6 mo.
	Mild Cheddar Cheese Sticks					1	44880	1 oz.	Refrigerated	10.50	168/1 oz.	90 Days	6 mo.
	25% RF Mild Cheddar Cheese Sticks*					1	44882	1 oz.	Refrigerated	10.50	168/1 oz.	90 Days	6 mo.
	Mozzarella String Cheese					1	59701	1 oz.	Refrigerated	10.50	168/1 oz.	60 days	5 mo.
	Light Mozzarella String Cheese*					1	59703	1 oz.	Refrigerated	10.50	168/1 oz.	60 days	5 mo.
DIP CUPS													
	Ultimate Cheddar™ Cheese Dip Cups*					1	39911	3 oz.	Shelf stable	8.92	140/3 oz.	90 days	6 mo.
	Mucho Queso™ Jalapeño Cheese Dip Cups*					1	39912	3 oz.	Shelf stable	8.92	140/3 oz.	90 days	6 mo.
KOZY SHACK® PUDDING													
	Kozy Shack® CowRageous!® Chocolate Pudding Cup					0	03710	3.75 oz.	Refrigerated	N/A	48/3.75 oz.	30 days	72 days
	Kozy Shack® CowRageous!® Vanilla Pudding Cup					0	03720	3.75 oz.	Refrigerated	N/A	48/3.75 oz.	30 days	70 days
	Kozy Shack® Chocolate Pudding Bulk**					0	73010	4 lb.	Refrigerated	N/A	2/4 lb.	30 days	55 days

*Eligible for rebate through IPS rewards.

**Serving size portioned to 3.75 oz. to meet Smart Snacks requirement

HEATING AND HANDLING INSTRUCTIONS

Land O Lakes® Cheese Dip cups are ready to eat at room temperature.

- If heated, product temperature should not exceed 140°F
- Shelf stable: Store unopened cups in a cool, dry place
- Do not freeze

Heat unopened cups by any of the following methods:

- Convection oven: Heat in oven set at 200°F for 12–15 minutes
- Conventional oven: Heat in oven set at 200°F for 22–25 minutes
- Warming unit: NOT RECOMMENDED as a method for heating
- Microwave: DO NOT MICROWAVE

CAUTION: Dip and cup may be hot. Always use caution to avoid burns when handling and eating warmed cheese dip.

NOTE: Heating times may vary due to equipment differences.



GRAB & GO

DIP CUPS

39911 Land O Lakes®
Ultimate Cheddar™
Cheese Sauce Cup

Nutrition Facts	
140 servings per container	
Serving size	3 oz. cup (85g)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 390mg	17%
Total Carbohydrate 13g	5%
Dietary Fiber 0g	0%
Total Sugars 10g	
Includes 0g Added Sugars	0%
Protein 10g	19%
Vitamin D 0mcg	0%
Calcium 334mg	25%
Iron 0mg	0%
Potassium 1829mg	40%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Cheddar Cheese (cultured pasteurized milk, salt, enzymes), Whey, Potassium Phosphate, Reduced Fat Cheddar Cheese (cultured pasteurized reduced fat milk, salt, enzymes), Non-Fat Dry Milk, Maltodextrin, Contains Less than 2% of Glucono-Delta-Lactone, Natural Flavors, Carrageenan, Lactic Acid, Salt, Mono and Diglycerides, Sorbic Acid (preservative), Sodium Phosphate, apo-Carotenal (color).
CONTAINS: Milk

39912 Land O Lakes®
Jalapeno Cheddar Cheese Sauce Cup

Nutrition Facts	
140 servings per container	
Serving size	3 oz. cup (85g)
Amount per serving	
Calories	180
% Daily Value*	
Total Fat 10g	13%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 330mg	14%
Total Carbohydrate 13g	5%
Dietary Fiber 0g	0%
Total Sugars 10g	
Includes 0g Added Sugars	0%
Protein 10g	20%
Vitamin D 0mcg	0%
Calcium 341mg	25%
Iron 0mg	0%
Potassium 1812mg	40%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Water, Cheddar Cheese (cultured pasteurized milk, salt, enzymes), Whey, Non-Fat Dry Milk, Potassium Phosphate, Reduced Fat Cheddar Cheese (cultured pasteurized reduced fat milk, salt, enzymes), Maltodextrin, Contains Less than 2% of Jalapeno Pepper, Glucono-Delta-Lactone, Carrageenan, Lactic Acid, Green Bell Pepper, Mono and Diglycerides, Sorbic Acid (preservative), Salt, apo-Carotenal (color), Sodium Phosphate, Natural Flavor.
CONTAINS: Milk

STRING + STICK

59701 Land O Lakes®
Mozzarella String Cheese

Nutrition Facts	
Serving Size 1 oz. (28g)	
Amount Per Serving	
Calories	80
% Daily Value*	
Total Fat 6g	8%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 200mg	9%
Total Carbohydrate 2g	1%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 6g	12%
Vitamin D 0mcg	0%
Calcium 198mg	15%
Iron 0mg	0%
Potassium 55mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes.
CONTAINS: Milk

59703 Land O Lakes®
Light Mozzarella String Cheese

Nutrition Facts	
Serving size 1 oz. (28g)	
Amount per serving	
Calories	60
% Daily Value*	
Total Fat 3g	4%
Saturated Fat 2g	9%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 200mg	9%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 7g	14%
Vitamin D 0mcg	0%
Calcium 198mg	15%
Iron 0mg	0%
Potassium 110mg	2%
Vitamin A 63mcg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: Pasteurized Part-Skim Milk, Cheese Cultures, Salt, Enzymes, Vitamin A Palmitate.
CONTAINS: Milk
50% Less Fat Than Our Regular LMPS Mozzarella String Cheese. Contains 3g Total Fat per serving compared with 6g Total Fat per serving in regular string cheese.

STRING + STICK

44880 Land O Lakes®
Mild Cheddar Stick

Nutrition Facts	
168 servings per container	
Serving size	1 Stick (28g)
Amount per serving	
Calories	110
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 190mg	8%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	14%
Vitamin D 0mcg	0%
Calcium 200mg	15%
Iron 0mg	0%
Potassium 20mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Pasteurized Milk, Salt, Enzymes, Annatto (color).
CONTAINS: Milk

44882 Land O Lakes®
RF Mild Cheddar Stick

Nutrition Facts	
168 servings per container	
Serving size	1 stick (28g)
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 190mg	8%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	14%
Vitamin D 0mcg	0%
Calcium 200mg	15%
Iron 0mg	0%
Potassium 30mg	0%
Vitamin A 85mcg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Pasteurized Reduced Fat Milk, Salt, Enzymes, Annatto (color), Vitamin A Palmitate.
CONTAINS: Milk
25% Less Fat Than Regular Cheddar Cheese. Contains 7.0 g Total Fat per serving compared with 9.4 g Total Fat per serving in regular Cheddar Cheese.

44873 Land O Lakes®
Colby Jack Cheese Stick

Nutrition Facts	
168 servings per container	
Serving size	1 stick (28g)
Amount per serving	
Calories	110
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 190mg	8%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	14%
Vitamin D 0mcg	0%
Calcium 200mg	15%
Iron 0mg	0%
Potassium 30mg	0%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Pasteurized Milk, Salt, Enzymes, Annatto (color).
CONTAINS: Milk

44875 Land O Lakes®
RF Colby Jack Stick

Nutrition Facts	
168 servings per container	
Serving size	1 stick (28g)
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 190mg	8%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	14%
Vitamin D 0mcg	0%
Calcium 200mg	15%
Iron 0mg	0%
Potassium 30mg	0%
Vitamin A 85mcg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Pasteurized Reduced Fat Milk, Salt, Enzymes, Annatto (color), Vitamin A Palmitate.
CONTAINS: Milk
25% Less Fat Than Regular Colby Jack Cheese. Contains 6.6 g Total Fat per serving compared with 8.8 g Total Fat per serving in regular Colby Jack Cheese.

CUBES

44113 Land O Lakes®
25% RF Mild Cheddar Cheese Cubes

Nutrition Facts	
Serving size	1 oz. (28g)
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 190mg	8%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	14%
Vitamin D 0mcg	0%
Calcium 204mg	15%
Iron 0mg	0%
Potassium 30mg	0%
Vitamin A 85mcg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Pasteurized Reduced Fat Milk, Salt, Enzymes, Annatto (color), Vitamin A Palmitate.
CONTAINS: Milk

25% Less Fat Than Regular Cheddar Cheese. Contains 7.0g Total Fat per serving compared with 9.4g Total Fat per serving in regular Cheddar Cheese.

44115 Land O Lakes®
25% RF Colby Jack Cheese Cubes

Nutrition Facts	
Serving size	1 oz. (28g)
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 180mg	8%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	14%
Vitamin D 0mcg	0%
Calcium 194mg	15%
Iron 0mg	0%
Potassium 30mg	0%
Vitamin A 84mcg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Pasteurized Milk and Skim Milk, Salt, Enzymes, Annatto (color), Vitamin A Palmitate.
CONTAINS: Milk

25% Less Fat Than Regular Colby Jack Cheese. Contains 6.6g Total Fat per serving compared with 8.8g Total Fat per serving in regular Colby Jack Cheese.

44751 Land O Lakes®
Cubed Reduced Fat Mild Cheddar Cheese, Bulk

Nutrition Facts	
Serving size	1 oz. (28g)
about 80 servings per container	
Amount per serving	
Calories	90
% Daily Value*	
Total Fat 7g	9%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 190mg	8%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	14%
Vitamin D 0mcg	0%
Calcium 204mg	15%
Iron 0mg	0%
Potassium 0mg	0%
Vitamin A 85mcg	10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Pasteurized Reduced Fat Milk, Salt, Enzymes, Annatto (color), Vitamin A Palmitate.
CONTAINS: Milk

25% Less Fat Than Regular Cheddar Cheese. Contains 7g Total Fat per serving compared with 9.4g Total Fat per serving in regular Cheddar Cheese.

KOZY SHACK® PUDDING

03710 KOZY SHACK®
CowRageous!®
Chocolate Pudding Cup

Nutrition Facts	
Serving Size	1 Snack Cup (106g)
Amount Per Serving	
Calories	120
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1g	6%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 130mg	6%
Total Carbohydrate 22g	8%
Dietary Fiber 1g	4%
Total Sugars 18g	
Includes 14g Added Sugars	28%
Protein 3g	6%
Vitamin D 0mcg	0%
Calcium 111mg	8%
Iron 0mg	0%
Potassium 220mg	4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

03720 KOZY SHACK®
CowRageous!®
Vanilla Pudding Cup

Nutrition Facts	
Serving Size	1 Snack Cup (106g)
Amount Per Serving	
Calories	110
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 135mg	6%
Total Carbohydrate 20g	7%
Dietary Fiber 0g	0%
Total Sugars 17g	
Includes 12g Added Sugars	24%
Protein 3g	6%
Vitamin D 0mcg	0%
Calcium 110mg	8%
Iron 0mg	0%
Potassium 130mg	2%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

73010 KOZY SHACK®
Chocolate Pudding - Bulk

Nutrition Facts	
Serving size	1/2 cup (130g)
Amount per serving	
Calories	140
% Daily Value*	
Total Fat 2.5g	3%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 160mg	7%
Total Carbohydrate 27g	10%
Dietary Fiber 1g	4%
Total Sugars 22g	
Includes 17g Added Sugars	34%
Protein 4g	
Vitamin D 0mcg	0%
Calcium 136mg	10%
Iron 1mg	6%
Potassium 273mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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