



Land O Lakes® Reduced Sodium and Reduced Fat Macaroni and Cheese with Whole Grain is a craveable kid-favorite that is delicious on it's own, yet easy to customize. 6/5 lb pouches. Meal Contribution Credit per 6 oz serving: 2 M/MA and 1 oz eq. grain.

Product Code: 43274000034500

Land O Lakes® Prepared 25% Reduced Sodium and 50% Reduced Fat Macaroni and Cheese with Whole Grain

Ingredients

Cooked Enriched Whole Grain Pasta (water, whole durum wheat flour, semolina, egg whites, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Reduced Sodium Reduced Fat American Cheese [cultured pasteurized milk and skim milk, contains less than 2% of salt, potassium phosphate, sodium phosphate, lactic acid, sorbic acid (preservative), annatto and oleoresin paprika (color), vitamin A palmitate, enzymes], Water, Maltodextrin, Contains Less Than 2% of Natural Flavor, Butter (cream, salt), Salt, Food Starch - Modified, Xanthan Gum. CONTAINS: Milk, Wheat, Egg

Allergens (Known to Contain): Eggs, Milk, Wheat

Specification Details

GTIN-Case: 10034500432747
GTIN-Each: 00034500432740
Shipping Requirements: -15 to 0 F (Frozen)
Storage Requirements: Frozen (-15 to 0 F)
Storage Instructions: Refrigerate After Opening. Keep Frozen. Do Not Refreeze.
Label Claim: 25% Less Sodium than regular Land O'Lakes® Macaroni and Cheese, 50% Less Fat than regular Land O'Lakes® Macaroni and Cheese, Contains 1000mg Sodium compared with 1340mg Sodium per 1 cup serving in regular Macaroni and Cheese, Contains 16g Total Fat compared with 32g Total Fat per 1 cup serving in regular Macaroni and Cheese, Made with 51% Whole Grain Pasta

Package Dimensions:	Each		Case		Pallet	
	Height:	13.3 in	Height:	5.63 in	Height:	55.625 in
	Width:	8.8 in	Width:	12.63 in	Width:	40 in
	Depth:	1.5 in	Depth:	18.88 in	Depth:	48 in
	Volume:	.1016 Cu. Ft	Volume:	.77691 Cu. Ft	Volume:	61.80556 Cu. Ft
	Net Weight:	2268 g	Net Weight:	30 lb	Net Weight:	1890 lb
	Gross Weight:	2290 g	Gross Weight:	32.5 lb	Gross Weight (w/ pallet):	2112.5 lb
	Tare Weight:	22 g	Tare Weight:	2.5 lb		

Product Type: Pallet
Units Per Case: 6
Cases/Layer: 7
Number of Layers: 9
Cases/Pallet: 63
Whse Stacking Height: 1
Lot Code Format: Line 1: LOT,3 digit plant id, last 2 digits of production year, 3 digit julian date, 2 digit line #_(military time, hh:mm)_(optional plant information)
Line 2: BEST_BY_mm_dd_yyyy_2 character plant code_(optional plant information)

Product Shipping Policy: Land O'Lakes products are coded with a BEST BY Date. Land O'Lakes guarantees product will have a minimum of 90 days remaining shelf life at time of shipment.

Shelf Life: This product has a total shelf life of 365 days from date of manufacture.

Food Safety: Land O'Lakes regards Hazard Analysis Critical Control Points (HACCP) as the cornerstone of a food safety system. HACCP focuses on food safety by analysis and control of potential biological, chemical, and physical hazards. An internationally recognized system that is required by many customers, HACCP has been mandated for some industries by the FDA and USDA. All Land O'Lakes Dairy Foods manufacturing facilities have targeted assessment programs for HACCP. In addition, Land O'Lakes provides corporate guidance, oversight and assesses compliance of the systems.

Quality Assurance: Land O'Lakes maintains a quality assurance program that ensures the quality of all raw materials, process operating conditions, and finished product requirements. Please note that all information contained within this document is subject to change. Customer Service: 1-800-328-9610

Preparation Type: Boiling, Steaming

Phone: 1-800-328-1322

Land O'Lakes, Inc., P.O. Box 64101, St. Paul, MN 55164
Fax: 651-234-8522

Email: businessinfo@landolakes.com

Land O'Lakes, Inc. maintains a quality assurance program to ensure the quality of all raw materials, process operating conditions, and finished product requirements. Please note that the information contained within this document is subject to change. Such information is provided for customer's informational purposes only, and any other use by customer (including, but not limited to, its incorporation into customer's labeling), is at customer's own risk. Land O'Lakes shall have no resultant liability. Land O'Lakes disclaims all representations or warranties, express or implied, and expressly disclaims any warranty of merchantability or fitness for a particular purpose. All Land O'Lakes sales are subject to the Land O'Lakes, Inc. Sales Terms and Conditions, available here: [https://www.landolakesinc.com/lolinc/media/Pdf/Taleo/LOL-Sales-Terms-and-Conditions-\(ALL2016\).pdf](https://www.landolakesinc.com/lolinc/media/Pdf/Taleo/LOL-Sales-Terms-and-Conditions-(ALL2016).pdf).



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- Preparation Instructions:** Fully prepared product. Heat from a thawed state. See package for detailed preparation. Unopened pouch can be heated in steamer or boiling water until internal temperature reaches 165°F (about 35 - 40 min). Maintain hot holding temperature at 145°F. Use caution when opening pouch since product is very hot.
- Serving Suggestions:** Heat and serve entrée or side that can be served as-is or with additional meat and vegetable mix-ins for maximum versatility.

Nutrition – Per 100g	
Added Sugars	0.2 g
Vitamin D - mcg	0 mcg
Moisture	64 g
Sodium	395 mg
Potassium	427 mg
Phosphorus	350 mg
Iron	0.5 mg
Calcium	240 mg
Ash	3 g
Cholesterol	16 mg
Trans Fatty Acid	0.2 g
Polyunsaturated Fat	0.3 g
Monounsaturated Fat	2 g
Saturated Fat	3 g
Total Fat	6 g
Total Sugar	4 g
Dietary Fiber	1 g
Carbohydrates	17 g
Protein	10 g
Calories	163 kcal

Nutrition Facts	
9 servings per container	
Serving size	1 cup (252g)
Amount per serving	
Calories	410
% Daily Value*	
Total Fat 16g	21%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 40mg	13%
Sodium 1000mg	43%
Total Carbohydrate 43g	16%
Dietary Fiber 2g	7%
Total Sugars 9g	
Includes 0g Added Sugars	0%
Protein 25g	43%
Vitamin D 0mcg	0%
Calcium 605mg	45%
Iron 1mg	6%
Potassium 1080mg	25%
Vitamin A 201mcg	20%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	



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Nutrition Facts	
13 servings per container	
Serving size	2/3 cup (170g) (6oz)
Amount per serving	
Calories	280
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 25mg	8%
Sodium 670mg	29%
Total Carbohydrate 29g	11%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes 0g Added Sugars	0%
Protein 17g	
Vitamin D 0mcg	0%
Calcium 408mg	30%
Iron 1mg	6%
Vitamin A 136mcg	15%
Potassium 730mg	15%
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