



Land O Lakes® Reduced Fat Macaroni and Cheese with semolina pasta is a craveable kid-favorite that is delicious on it's own, yet easy to customize. 6/5 lb pouches. Meal Contribution Credit per 6 oz serving: 2 M/MA and 1 oz eq. grain.

**Product Code:** 43284000034500

Land O Lakes® Prepared 50% Reduced Fat Macaroni and Cheese

## Ingredients

Cooked Enriched Pasta (water, semolina, egg whites, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), Reduced Fat American Cheese [cultured pasteurized milk and skim milk, salt, sodium phosphate, contains less than 2% of lactic acid, annatto and oleoresin paprika (color), vitamin A palmitate, enzymes], Water, Maltodextrin, Contains Less Than 2% of Natural Flavor, Autolyzed Yeast Extract, Butter (cream, salt), Food Starch-Modified, Xanthan Gum.

CONTAINS: Milk, Wheat, Egg

**Allergens (Known to Contain):** Eggs, Milk, Wheat

## Specification Details

GTIN-Case: 10034500432846  
GTIN-Each: 00034500432849  
Shipping Requirements: -15 to 0 F (Frozen)  
Storage Requirements: Frozen (-15 to 0 F)  
Label Claim: 50% Less Fat than regular Land O'Lakes® Macaroni and Cheese, Contains 16g Total Fat compared with 32g Total Fat per 1 cup serving in regular Macaroni and Cheese

Package Dimensions:	Each	Case	Pallet
Height:	13.3 in	Height: 5.63 in	Height: 55.625 in
Width:	8.8 in	Width: 12.63 in	Width: 40 in
Depth:	1.5 in	Depth: 18.88 in	Depth: 48 in
Volume:	.1016 Cu. Ft	Volume: .77691 Cu. Ft	Volume: 61.80556 Cu. Ft
Net Weight:	2268 g	Net Weight: 30 lb	Net Weight: 1890 lb
Gross Weight:	2290 g	Gross Weight: 32.5 lb	Gross Weight (w/ pallet): 2112.5 lb
Tare Weight:	22 g	Tare Weight: 2.5 lb	

Product Type: Pallet  
Units Per Case: 6  
Cases/Layer: 7  
Number of Layers: 9  
Cases/Pallet: 63  
Whse Stacking Height: 1  
Lot Code Format: Line 1: LOT,3 digit plant id, last 2 digits of production year, 3 digit julian date, 2 digit line #\_(military time, hh:mm)\_(optional plant information)  
Line 2: BEST\_BY\_mm\_dd\_yyyy\_2 character plant code\_(optional plant information)

Product Shipping Policy: Land O'Lakes products are coded with a BEST BY Date. Land O'Lakes guarantees product will have a minimum of 90 days remaining shelf life at time of shipment.

Shelf Life: This product has a total shelf life of 365 days from date of manufacture.

Food Safety: Land O'Lakes regards Hazard Analysis Critical Control Points (HACCP) as the cornerstone of a food safety system. HACCP focuses on food safety by analysis and control of potential biological, chemical, and physical hazards. An internationally recognized system that is required by many customers, HACCP has been mandated for some industries by the FDA and USDA. All Land O'Lakes Dairy Foods manufacturing facilities have targeted assessment programs for HACCP. In addition, Land O'Lakes provides corporate guidance, oversight and assesses compliance of the systems.

Quality Assurance: Land O'Lakes maintains a quality assurance program that ensures the quality of all raw materials, process operating conditions, and finished product requirements. Please note that all information contained within this document is subject to change. Customer Service: 1-800-328-9610

Preparation Type: Boiling, Steaming

Preparation Instructions: Fully prepared product. Heat from a thawed state. See package for detailed preparation. Unopened pouch can be heated in steamer or boiling water until internal temperature reaches 165°F (about 35 - 40 min). Maintain hot holding temperature at 145°F. Use caution when opening pouch since product is very hot.

Serving Suggestions: Heat and serve entrée or side that can be served as-is or with additional meat and vegetable mix-ins for maximum versatility.

Phone: 1-800-328-1322

Land O'Lakes, Inc., P.O. Box 64101, St. Paul, MN 55164  
Fax: 651-234-8522

Email: [businessinfo@landolakes.com](mailto:businessinfo@landolakes.com)

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Nutrition – Per 100g	
Vitamin A - mcg	68 mcg
Added Sugars	0.1 g
Vitamin D - mcg	0 mcg
Moisture	64 g
<b>Sodium</b>	578 mg
Potassium	120 mg
Phosphorus	359 mg
Iron	0.7 mg
Calcium	244 mg
Ash	2.5 g
<b>Cholesterol</b>	18 mg
Trans Fatty Acid	0.2 g
Polyunsaturated Fat	0.3 g
Monounsaturated Fat	1.5 g
Saturated Fat	3.5 g
<b>Total Fat</b>	6 g
Total Sugar	3.5 g
Dietary Fiber	0.4 g
Carbohydrates	19 g
<b>Protein</b>	10 g
<b>Calories</b>	168 kcal

Nutrition Facts	
9 servings per container	
<b>Serving size</b>	<b>1 cup (252g)</b>
Amount per serving	
<b>Calories</b>	<b>420</b>
% Daily Value*	
<b>Total Fat 16g</b>	<b>21%</b>
Saturated Fat 9g	45%
Trans Fat .5g	
<b>Cholesterol 45mg</b>	<b>15%</b>
<b>Sodium 1460mg</b>	<b>63%</b>
<b>Total Carbohydrate 48g</b>	<b>17%</b>
Dietary Fiber 1g	4%
Total Sugars 9g	
Includes 0g Added Sugars	0%
<b>Protein 25g</b>	<b>43%</b>
Vitamin D 0mcg	0%
Calcium 617mg	45%
Iron 2mg	10%
Potassium 300mg	6%
Vitamin A 171mcg	20%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

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Nutrition Facts	
13 servings per container	
<b>Serving size</b>	<b>2/3 cup (170g) (6oz)</b>
Amount per serving	
<b>Calories</b>	<b>290</b>
% Daily Value*	
<b>Total Fat 11g</b>	<b>14%</b>
Saturated Fat 6g	30%
Trans Fat 0g	
<b>Cholesterol 30mg</b>	<b>10%</b>
<b>Sodium 980mg</b>	<b>43%</b>
<b>Total Carbohydrate 32g</b>	<b>12%</b>
Dietary Fiber 1g	4%
Total Sugars 6g	
Includes 0g Added Sugars	0%
<b>Protein 17g</b>	
Vitamin D 0mcg	0%
Calcium 417mg	30%
Iron 1mg	6%
Vitamin A IU 116mcg	15%
Potassium 200mg	4%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

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